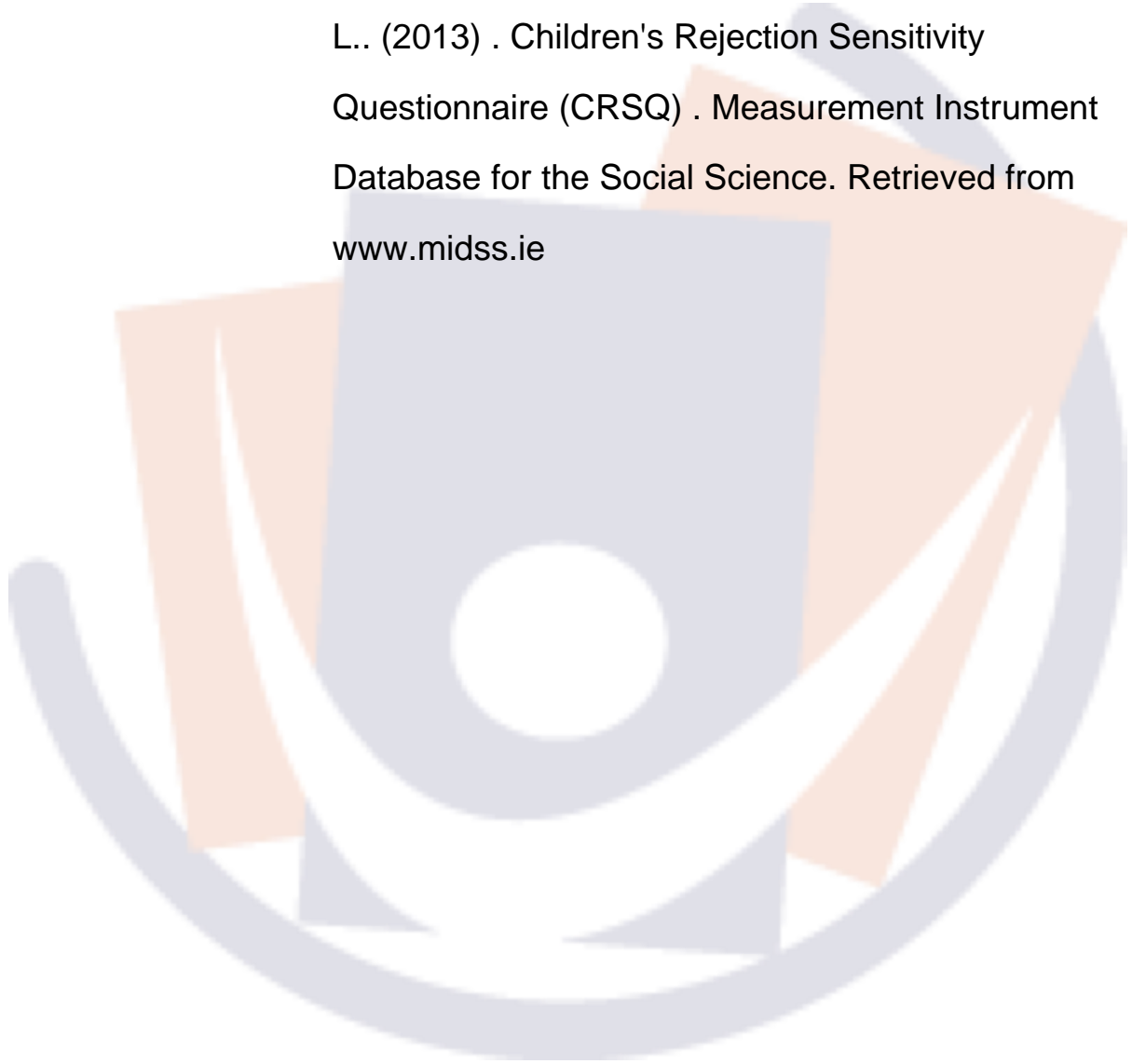


Instrument Title: Children's Rejection Sensitivity Questionnaire (CRSQ)

Instrument Author: Downey, G., Lebolt, A., Rinc n, C., and Freitas, A. L.

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Children's Rejection Sensitivity Questionnaire (6-item)

Please imagine yourself in each of the following situations described here and tell us how you would feel in each.

1. Imagine you had a really bad fight the other day with a friend. Now you have a serious problem and you wish you had your friend to talk to. You decide to wait for your friend after class and talk with him/her. You wonder if your friend will want to talk to you.

How **NERVOUS** would you feel, **RIGHT THEN**, about whether or not your friend will want to talk to you and listen to your problem?

not nervous **very, very nervous**
1 2 3 4 5 6

How **MAD** would you feel, **RIGHT THEN**, about whether or not your friend will want to talk to you and listen to your problem?

not mad **very, very mad**
1 2 3 4 5 6

Do you think he/she will want to talk to you and listen to your problem?

YES!!! **NO!!!**
1 2 3 4 5 6

2. Imagine that a famous person is coming to visit your school. Your teacher is going to pick five kids to meet this person. You wonder if she will choose you..

How **NERVOUS** would you feel, **RIGHT THEN**, about whether or not the teacher will choose you?

not nervous **very, very nervous**
1 2 3 4 5 6

How **MAD** would you feel, **RIGHT THEN**, about whether or not the teacher will choose you?

not mad **very, very mad**
1 2 3 4 5 6

Do you think the teacher will choose YOU to meet the special guest?

YES!!!

1 2 3 4 5

NO!!!

6

3. Now imagine that you're back in class. Your teacher asks for a volunteer to help plan a party for your class. Lots of kids raise their hands so you wonder if the teacher will choose YOU.

How **NERVOUS** would you feel, **RIGHT THEN**, about whether or not the teacher will choose you?

not nervous

1 2 3 4 5

very, very nervous

6

How **MAD** would you feel, **RIGHT THEN**, about whether or not the teacher will choose you?

not mad

1 2 3 4 5

very, very mad

6

Do you think the teacher will choose YOU?

YES!!!

1 2 3 4 5

NO!!!

6

4. Imagine it's Saturday and you're carrying groceries home for your family. It is raining hard and you want to get home **FAST**. Suddenly, the paper bag you are carrying rips. All your food tumbles to the ground. You look up and see a couple of kids from your class walking quickly. You wonder if they will stop and help you.

How **NERVOUS** would you feel, **RIGHT THEN**, about whether or not those kids will want to stop and help you?

not nervous

1 2 3 4 5

very, very nervous

6

How **MAD** would you feel, **RIGHT THEN**, about whether or not those kids will want to stop and help you?

not mad

1 2 3 4 5

very, very mad

6

Do you think they will offer to help you?

YES!!!

1 2 3 4 5

NO!!!

6

5. Pretend you have moved and you are going to a different school. In this school, the teacher lets the kids in the class take home a video game to play with on the weekend. Every week so far, you have watched someone else take it home. You decide to ask the teacher if YOU can take home the video game this time. You wonder if she will let you have it.

How **NERVOUS** would you feel, **RIGHT THEN**, about whether or not the teacher will let you take the video game home this time?

not nervous

1 2 3 4 5

very, very nervous

6

How **MAD** would you feel, **RIGHT THEN**, about whether or not the teacher will let you take the video game home this time?

not mad

1 2 3 4 5

very, very mad

6

Do you think the teacher is going to let you take home the video game this time?

YES!!!

1 2 3 4 5

NO!!!

6

6. Imagine you're back in your classroom, and everyone is splitting up into groups to work on a special project together. You sit there and watch lots of other kids getting picked. As you wait, you wonder if the kids will want you for their group.

How **NERVOUS** would you feel, **RIGHT THEN**, about whether or not they will choose you?

not nervous

1 2 3 4 5

very, very nervous

6

How **MAD** would you feel, **RIGHT THEN**, about whether or not they will choose you?

not mad

1 2 3 4 5

very, very mad

6

Do you think the kids in your class will choose you for their group?

YES!!!

1

2

3

4

5

NO!!!

6

