Instrument Title: RSQ/RS - Personal (8 item and 18 item)

Instrument Author: Downey, G., & Feldman, S. I.

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Each of the items below describes things college students sometimes ask of other people. Please imagine that you are in each situation. You will be asked to answer the following questions:

- 1) How <u>concerned or anxious</u> would you be about how the other person would respond?
- 2) How do you think the other person would be likely to respond?

3. You ask your parents for help in deciding what programs to apply to.

How concerned or anxious would you be over whether or not your parents would want to help you?	very unconcerned 1 2 3	very concerned 4 5 6
I would expect that they would want to help me.	very unlikely	very likely

8. You approach a close friend to talk after doing or saying something that seriously upset him/her.

How concerned or anxious would you be over whether	very unconcerned	
or not your friend would want to talk with you?	1 2 3	4 5 6
I would expect that he/she would want to talk with me	very unlikely	
to t <mark>ry to work things out</mark> .	1 2 3	4 5 6

10. After graduation, you can't find a job and ask your parents if you can live at home for a while.

How concerned or anxious would you be over whether	very unconcerned	very concerned			
or not your parents would want you to come home?	1 2 3	4 5 6			
I would expect I would be welcome at home.	very unlikely	very likely			
	1 2 3	4 5 6			

12. You call your boyfriend/girlfriend after a bitter argument and tell him/her you want to see him/her.

How concerned or anxious would you be over whether or not your boyfriend/girlfriend would want to see you?	very unconcer	ned 2	3	4	very 5	concerned 6
I would expect that he/she would want to see me.	very unlikely 1	2	3	4	very 5	likely 6
	1	2	3	4	5	6

14.	You a	sk your	parents	to	come	to	an	occasion	important	to	you.	
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How concerned or anxious would you be over whether or not your parents would want to come?

Very unconcerned or very concerned or not your parents would want to come.

Very unlikely very likely

15. You ask a friend to do you a big favor.

How concerned or anxious would you be over whether or not your friend would do this favor?

I would expect that he/she would willingly do

very unlikely

very unkely

very unlikely

very likely

this favor for me.

very unlikely

very likely

1 2 3 4 5 6

16. You ask your boyfriend/girlfriend if he/she really loves you.

17. You go to a party and notice someone on the other side of the room and then you ask them to dance.

How concerned or anxious would you be over whether or not the person would want to dance with you?

I would expect that he/she would want to dance with me.

very unconcerned 1 2 3 4 5 6

very unlikely very likely 1 2 3 4 5 6